# SIMPLIFIED SAMPLE PREPARATION PROCEDURE FOR SIMULTANEOUS ISOLATION OF ORGANOHALOGEN POLLUTANTS AND PAHS FROM FISH SAMPLES

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# Introduction

Analytical methods for determination of various organic contaminants such as polychlorinated biphenyls (PCBs), polybrominated diphenyl ethers (PBDEs) and polyaromatic hydrocarbons (PAHs) in environmental and food matrices are typically based on multistep procedures. Routinely used sample preparation procedure includes Soxhlet extraction with a subsequent clean up and fractionation steps prior to relatively slow gas chromatography (GC) runs using either an electron capture (ECD) or a mass spectrometric (MS) detection in case of halogenated analytes. PAHs are commonly analysed separately using a liquid chromatography coupled to a fluorescence detector (LC-FLD), but for several non-fluorescence PAHs including in the EFSA opinion, a GC-MS analysis is needed. Pressurized liquid extraction (PLE) is a rapid sample preparation method that can be fully automatized. Moreover, extraction and clean up can be performed in one fully automated step operation.

## Aim of the study

The main goal was to optimize an appropriate extraction/clean up procedure for analysis of PCBs, PBDEs and PAHs in fish fillets in a single run.

# Experimental

### **Target analytes**

- Dioxin-like PCBs
  - non-*ortho* congeners #77, 81, 126, 169
- mono-*ortho* congeners #105, 114, 118, 123, 156, 157, 167, 189

### Brominated flame retardants

- Polybrominated diphenylethers: congeners #28, 47, 99, 100, 153, 154, 183
- Hexabromocyclododecane
- Polybrominated biphenyl: congener #153

### > Polycyclic aromatic hydrocarbons

Benz(a)anthracene - B[a]A
 Benzo(a)pyrene - B[a]P
 Benzo(b)fluoranthene - B[b]F
 Benzo(c)fluoren - B[c]Fln
 Benzo(j)fluoranthene - B[j]F
 Benzo(k)fluoranthene - B[k]F
 Benzo(g,h,i)perylene - B[ghi]P
 Chrysene - Chr

Cyclopenta(c,d)pyrene - CP[cd]P Dibenz(a,h)anthracene - DB[ah]A Dibenzo(a,h)-pyrene - DB[ah]P Dibenzo(a,l)pyrene - DB[al]P Indeno(1,2,3-cd)pyrene - I[cd]P 5-Methylchrysene - 5 MeChr

### **Instruments**



ASE 300 (Dionex, USA)

**Analyte** 



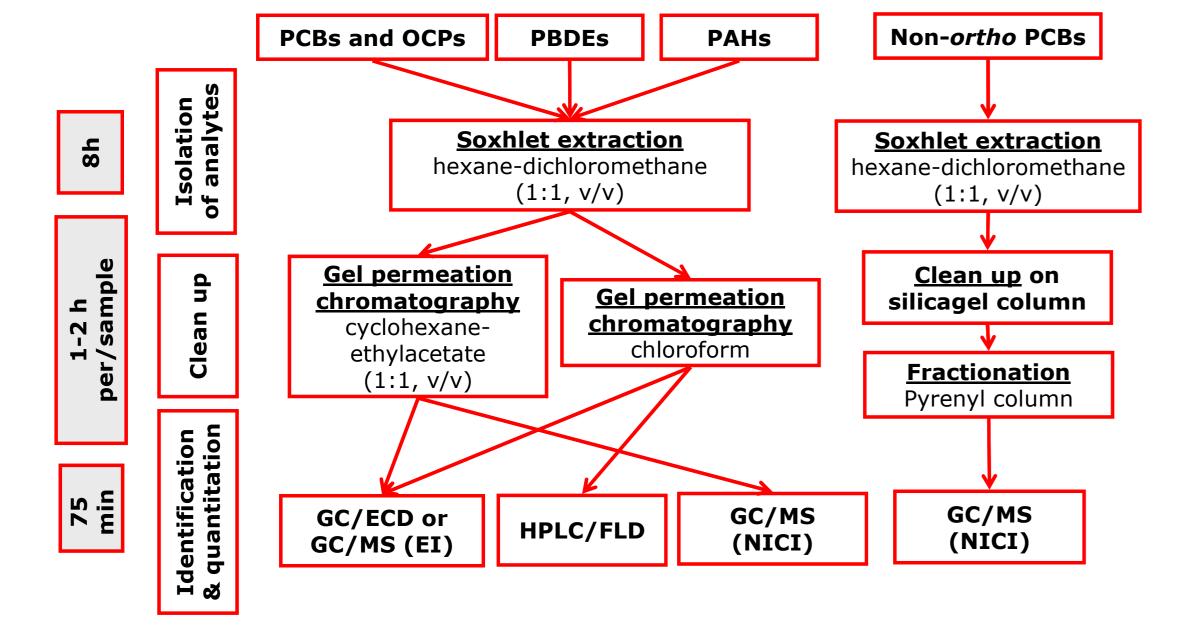
Agilent 6890 with a high-resolution TOF-MS detector (GCT Premier, Waters)

**Analyte** 

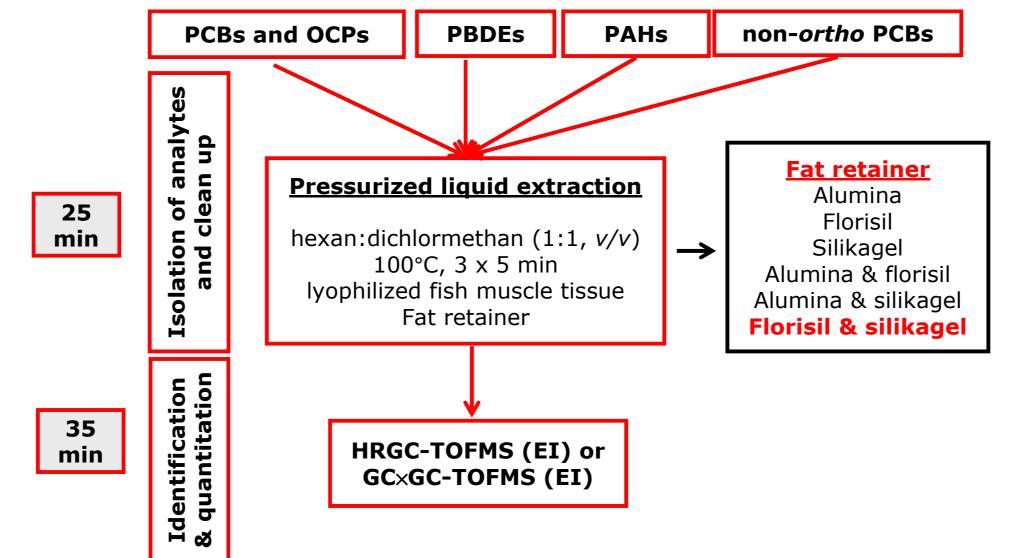
Recovery RSD

# Results

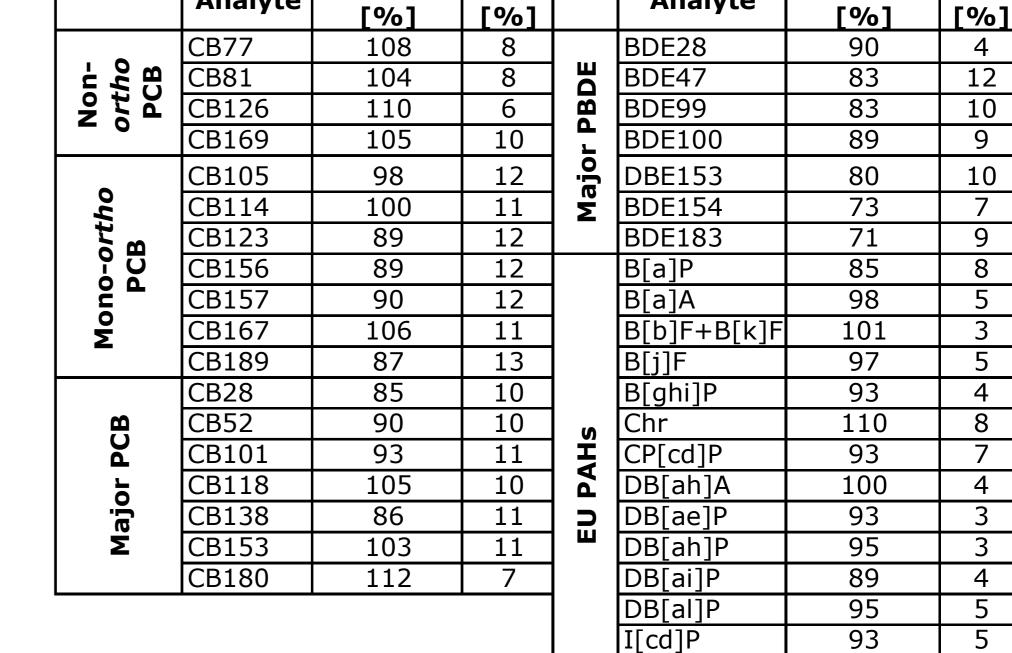
## **Analytical strategies**



**Figure 1**: An example of a "conventional" sample preparation method for analysis of PCBs, PBDEs and PAHs in fish fillet



**Figure 2**: An example of a new sample preparation method for simultaneous analysis of PCBs, PBDEs and PAHs in fish fillet

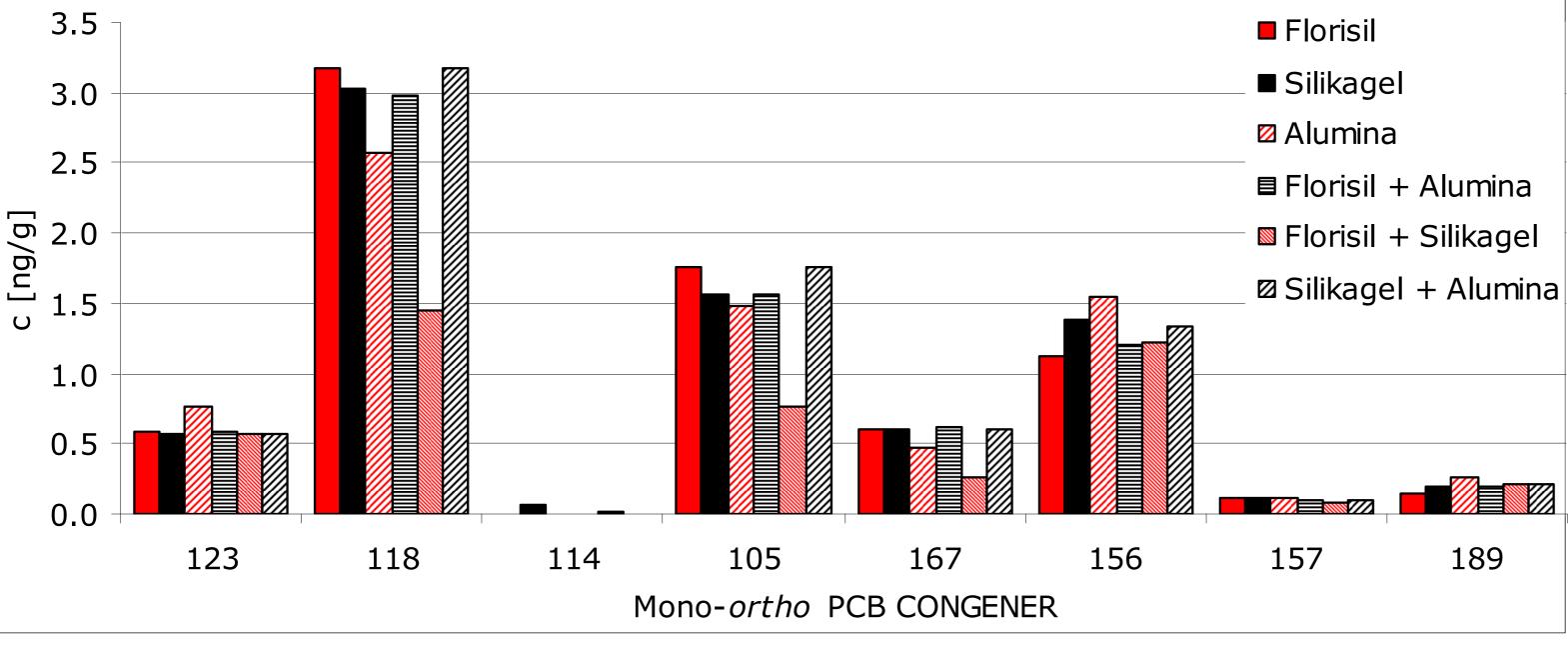


**Table I**: Recovery and repeatability of optimized

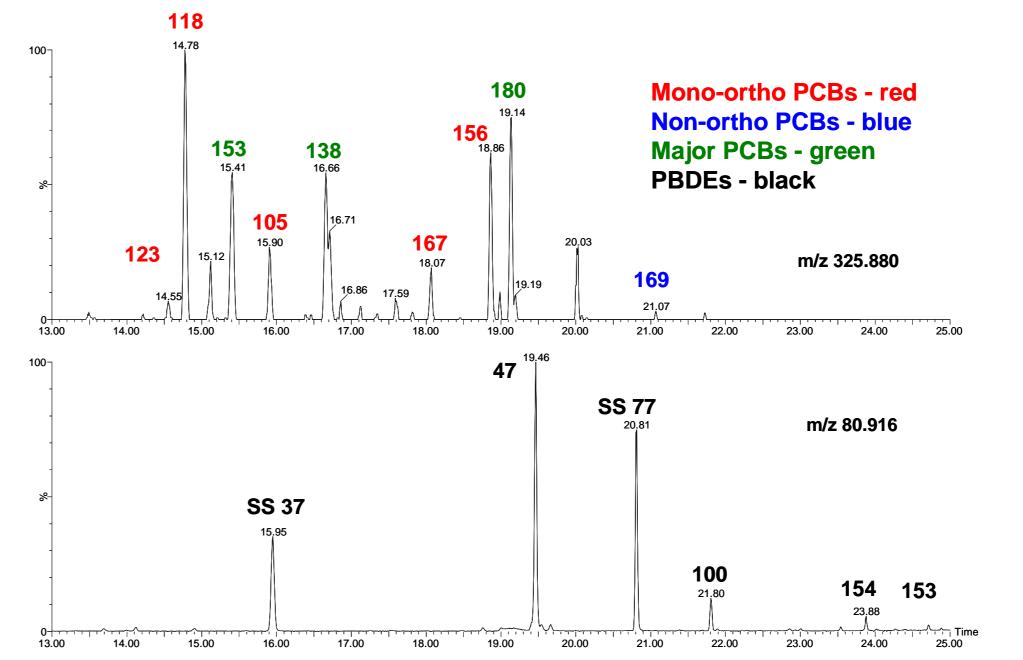
analytical method; spiked fish fillet sample - 1 µg/kg

each analyte; n = 6 (fat retainer florisil + alumina)

Recovery RSD



**Figure 3**: Levels of mono-*ortho* PCBs in naturally contaminated fish fillet (Bream – *Abramis brama*) obtained by PLE with different fat retainers



**Figure 4**: An example of chromatogram of dioxin-like PCB and PBDEs in naturaly contaminated fish fillet (Bream – *Abramis brama*) obtained by PLE with florisil and alumina used as fat retainer

Recoveries of all target analytes together with repeatability (expressed as relative standard deviation, RSD) for fish fillets prepared from cod, a relatively lean fish (1.5% of lipids in muscle tissue in particular case) ranged between 3–19 % (n=6).

5MeChr

B[c]Fln

107

90

Limits of detection (LOD) of this method were between 0.03-0.1 μg/kg fresh weight, 0.02-0.1 μg/kg fresh weight and 0.05-0.3 μg/kg fresh weight for PAHs, PBDEs and PCBs, respectively.

# Conclusions

- > Traditional adsorbents alumina, silica gel, Florisil and / or their combinations were tested for PCBs, PBDEs and PAHs analysis in fish muscle tissue. Finally, the optimized PLE method using florisil and alumina as a fat retainer was validated. An experimental layout is summarized in Fig. 2.
- Repetability of simplified sample preparation procedure for all analytes, expressed as relative standard deviation (RSD, n=6) ranged from 3 to 19% and recovery
  on the level 1 μg/kg ranged from 71 to 112%.





